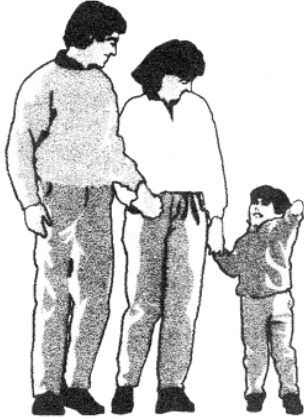


Do Tick Checks!

After you go for a walk:



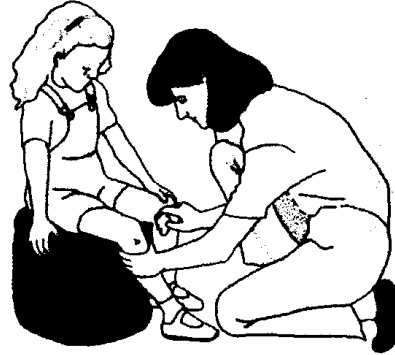
Check everyone in your family for ticks. Ticks are **VERY** tiny, so you have to look hard! Make sure an adult helps you with the tick check.



Check your pets very carefully, too!

If you get a tick on your body:

TELL AN ADULT RIGHT AWAY!!



An adult can help you get the tick out of your skin.

Do Not try to take the tick out by yourself!!

For more information call:

**MOSQUITO and VECTOR  
MANAGEMENT DISTRICT**

of Santa Barbara County

OFFICE: 2450 Lillie Ave. \* MAIL: P.O. Box 1389  
Summerland, CA 93067

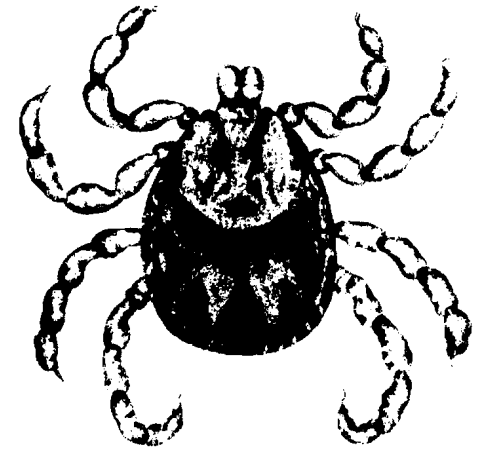
TELEPHONE: (805) 969-5050

E-MAIL: [mvmdistrict@mvmdistrict.org](mailto:mvmdistrict@mvmdistrict.org)

Check out our Public Information Website:

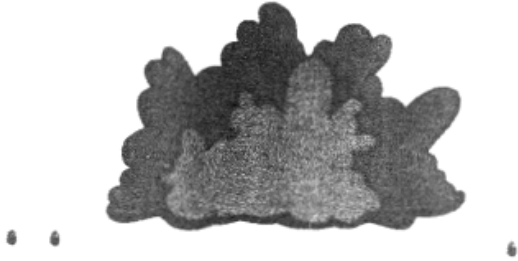
[www.mvmdistrict.org](http://www.mvmdistrict.org)

# TICK FACTS FOR KIDS



Ticks are found...

In grassy areas and in bushes.



Ticks DO NOT jump, fly, or fall out of trees!



They wait at the end of a blade of grass or on a bush until someone brushes against them.

Ticks have four stages in their life:

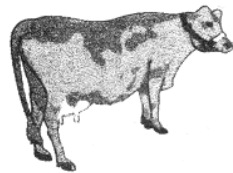
Egg → Larva → Nymph → Adult

Ticks bite and suck blood so they can grow. After they get on you, they find a good hiding place so you won't find them easily.

Sometimes ticks can carry diseases to people...



and to pets and other animals...

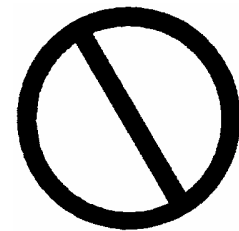


**PROTECT YOURSELF FROM TICKS!**

When you go camping or hiking:



- ✓ Stay on trails
- ✓ Wear long pants
- ✓ Wear long sleeved shirts
- ✓ Wear light colored clothes
- ✓ Tuck pants into socks or boots



Don't play in tall grass or in the bushes!